

# THE NUHOP CENTER FOR EXPERIENTIAL LEARNING

## The Urban Journey™

*“To venture causes anxiety, but not to venture is to lose one’s self . . . And to venture in the highest is precisely to become conscious of one’s self.” – Soren Kierkegaard*



Participants are broken into teams of four to six. Teams are either pre-determined or chosen based on a quick personality style assessment. Once teams are determined, the pre-race meeting begins and the event begins to unfold for the participants. The rules are presented at this time as participants begin to think strategy. During the team planning session, the team reviews the rules and determines the best plan of action to complete their journey throughout the metropolitan region of your choice. The dynamics of each team is evident as the team embarks on its race throughout the city. Groups challenge and adapt their plan of action as they work through the unique challenges at each landmark in the city. Participants laugh as they work through this event centered around the spirit of friendly competition.

