

THE NUHOP CENTER FOR EXPERIENTIAL LEARNING

The Adventure Race™

“Our ultimate measure as people is not where we stand in moments of comfort and convenience, but where we stand during challenge and controversy.” - Martin Luther King Edited



The spirit of competition and physical challenge is at the core of this unique teambuilding adventure. During The Adventure Race the participants are broken down into teams. Each team functions as a unit during The Adventure Race and must complete each leg of the race as a unit. The Adventure Race is comprised of three legs:

- The Mountain Bike Course
- The Canoe Course
- The Running Course

The core of The Adventure Race is not only completing the physical challenge of each leg, but more importantly working through the special tasks before each leg. In order for each team to move forward during The Adventure Quest, the team must complete each special task successfully. Once the team is successful they can progress on to the next leg of the race. This event is filled with friendly competition, physical energy, and plenty of opportunity to explore the dynamics of a group in pressure situations

